

# Optimization of Electric Pulse Amplitude and Frequency In Vitro for Low Voltage and High Frequency Electrochemotherapy

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**Abstract** During standard electrochemotherapy (ECT), using a train of 1,000 V/cm amplitude rectangular pulses with 1 Hz frequency, patients experience an unpleasant sensation and slight edema. According to the patients, muscle contractions provoked by high amplitude (about 1,000 V/cm) and low repetition frequency (1 Hz) pulses are the most unpleasant and painful sensations. Recently, ECT using low voltage and higher repetition frequency (LVHF) has been shown to be an effective tool for inhibiting tumor growth. The aim of the present study was to optimize electric pulse amplitude and repetition frequency for LVHF ECT by sampling the different sets of pulse parameters on cell viability and permeabilization. In ECT, a reversible effect based on high permeabilization is desirable. For this purpose, we used bleomycin to evaluate the permeabilization of K562 and MIA-PACA2 cells caused by low voltage (50–150 V/cm) and higher repetition frequency (4–6 kHz) electric pulses. We show that the reversible effect with electroporation of the cells caused by LVHF ECT is accessible; this interaction is more effective for electric pulses with 70 V/cm amplitude.

**Keywords** Electrochemotherapy · Low voltage · Higher repetition frequency · Cell viability · Electroporation

## Introduction

Electric pulses with application in drugs and genes delivery have been used for more than two decades; this phenomenon has been named as electroporation. The use of electric field, at specific parameters, induced reversible or irreversible effects on the cell membrane (Chen et al. 2006; Gehl 2003; Kotnik et al. 2001). In the reversible electroporation method, electropores are formed on the plasma cell membrane during electroporation and are resealed a short time after the electroporation procedure. Therefore, this method lets the cells survive, while irreversible electroporation directly kills the cell (Golberg et al. 2011; Zupanic et al. 2012).

Electrochemotherapy (ECT) employed the electric pulse effect to improve the transport of chemotherapy drugs inside cancer cells. A reversible effect based on high permeabilization is desirable in ECT (Sersa et al. 2008; Zupanic et al. 2012). Therefore, a threshold effect in cell killing and permeability, which is influenced by properties of electric pulses and cell type, is required. For the transient effect, choosing the appropriate amplitude, number, and repetition frequency of pulses is important (Lebar et al. 2002a; Rols and Teissié 1998; Gothelf et al. 2003). According to these situations, ECT standard protocols are proposed. These protocols have used a train of 1,000 V/cm voltage to distance ratio resulting in few/several hundred V/cm local electric fields and rectangular pulses with 1 Hz repetition frequency for the treatment of patients (Lebar et al. 2002b). Using this protocol, patients experience an unpleasant sensation and slight edema or erythema. Most unpleasant and painful, according to the patients, are the sensations during the pulse delivery, which are mainly attributed to muscle contractions provoked by high amplitude and low repetition frequency pulses. Edema

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results from high local current density (Sersa et al. 2008; Mir et al. 2006; Miklavčič et al. 2005; Pucihar et al. 2002). In order to reduce the pain sensation during ECT, application of higher repetition frequency or low amplitude electric field has been suggested (Pucihar et al. 2002; Miklavčič et al. 2005; Shankayi et al. 2010).

Recently, ECT by low intensity and high repetition frequency has been shown to be an effective tool for inhibiting tumor growth. Electrochemotherapy involving the burst of rectangular electric pulse, 100  $\mu$ s duration, using low amplitude pulse (70–150 V/cm) with 5 kHz repetition frequency, has been successfully used in the in vivo condition (Shankayi and Firoozabadi 2011; Shankayi et al. 2010, 2012). The higher electric pulse repetition frequency, above the frequency of tetanic contraction, reduces the number of induced muscle contractions and is more comfortable for ECT (Miklavčič et al. 2005; Zupanic et al. 2007). But, the effect of this protocol on viability and permeabilization is not clear. Therefore, the aim of the present study was to determine the effective electric pulses for electrochemotherapy using electric pulses with high repetition frequency (4–6 kHz) and low amplitudes (50–150 V/cm) from an in vitro experiment. Because electrochemotherapy is based on enhanced uptake of chemotherapeutic drugs into tumor cells with reversible effects on viability, we examined the effect of different sets of electric pulses on the viability of cells and the uptake of bleomycin into electroporemeabilized cells in vitro.

## Materials and Methods

### Cell Lines

The human erythroleukemia K562 cell line as a sensitive cancer cell to ordinary chemotherapy (type one is derived from a CML (Chronic myeloid leukemia) patient) and the human pancreatic carcinoma Mia Paca-2 cell line as a resistant cancer cell to ordinary chemotherapy were grown in RPMI containing 10 % fetal bovine serum, 160  $\mu$ g/ml L-glutamine (all from Invitrogen, GIBCO, USA), 100 units/ml penicillin, and 16  $\mu$ g/mg gentamicin, and incubated in 5 % CO<sub>2</sub> at 37 °C.

### Electric Pulse Exposure

Electric pulses were applied to the cells using an ECT-SBDC (designed and made in the Small Business Development Center and Bioelectromagnetic Laboratory of the Medical Physics Department of Tarbiat Modares University, Tehran, Iran). The cells suspended in RPMI were placed between two parallel plate gold electrodes 10 mm apart and exposed to 4,000 electric pulse, for 100  $\mu$ s

duration with different electric intensities and frequencies. Electric pulses applied in our study were as follows: 50–150 V/cm with increment of 10 V/cm in 4, 5, and 6 kHz pulse repetition frequency (In total 33 protocols). All experiments were repeated three times.

### Determination of Cell Permeabilization

To determine the uptake of molecules into the permeabilized cells, bleomycin was added to the cell suspension before pulsing. In the present experiments, the anticancer drug bleomycin (Nippon Kayaku Co. Ltd., Tokyo, Japan) was used at 1  $\mu$ M concentration.

After trypsinization and inactivation of trypsin (Bio Idea Group, Tehran Iran) by the serum factors of the complete medium (only for Mia Paca-2), cells were centrifuged for 5 min at 1,000 rpm and resuspended at a density of  $1 \times 10^6$  cells/ml in RPMI (Invitrogen, GIBCO, USA) eventually containing bleomycin at 1  $\mu$ M. 300  $\mu$ l of the mixture was immediately deposited between the two electrodes and subjected to the electric treatment. After the delivery of the electric pulses, the cells were kept for 1 min in room temperature and then seeded in a 96-well plate, and the complete cell culture (RPMI containing 20 % fetal bovine serum, 320  $\mu$ g/ml L-glutamine) was added to each well to measure the viability through a MTT assay.

### MTT Assay

EP and ECT cytotoxicity was evaluated by the MTT assay. The viability of the cells after electric field exposure was tested by 3(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) (Invitrogen, GIBCO, USA). 20  $\mu$ l of MTT solution (5 mg MTT/ml in PBS) was added to the wells 24 h after the electric field exposure for the K562 cell (mitotic cycle is about 10 h) line and 72 h after exposure for the Mia Paca-2 cell line (mitotic cycle is about 32 h). Then, the cells were incubated at 37 °C for 4 h. 100  $\mu$ l DMSO was added to the well and mixed. After 15 min, the optical density was measured in a Multiscan MS ELISA reader (Lab-systems Multiscan MS, U.K.) with a 540-nm filter.

### Statistical Analysis

All results are given as an average of more than three times and are represented in bar graphs. Vertical bars represent the standard deviation of the mean. Statistical analyses were performed using SPSS for windows 16.0. (SPSS Inc., Polar Engineering and Consulting). All data were tested for normality. One-way ANOVA, followed by LSD, was performed and statistical difference analysis was accomplished by a *t* test. *P* values of less than 0.05 were considered significant for rejection of the null hypothesis.

## Results

### Toxicity of Electric Pulses Alone as a Function of the Repetition Frequency and Strength of Electric Pulses

In the present study, we varied the amplitude of pulses between 50 and 150 V/cm at the increment of 10 V/cm in 4, 5, and 6 kHz repetition frequency. The influence of 33 different sets of electric pulses on cell viability and electropermeabilization was measured. In the first step, we reported the effect of these conditions on leukemia and pancreatic cancer cells.

#### *Leukemia Cells*

The MTT test was carried out to determine the sensitivity of K562 cells for 33 electric pulses alone (Fig. 1). In this cell line, as the cells were sensitive to treatment, below 70 V/cm amplitude cell viability was desirable (more than 50 %).

#### *Pancreatic Cancer Cell*

In this part, MIA-PACA2 cells were exposed to three different repetition frequencies of 4, 5, and 6 kHz and eleven different pulse amplitudes (50–150 V/cm); cells viability was evaluated (Fig. 2). In this cell line, as the cells were resistant to treatment, 150–110 V/cm pulse amplitude led

to the death of more than 50 % of the cell population, below 110 V/cm the cell viability increased, and below 80 V/cm the cell viability was partly preserved (Fig. 2).

### Toxicity of Bleomycin as a Function of the Repetition Frequency and Strength of Electric Pulses

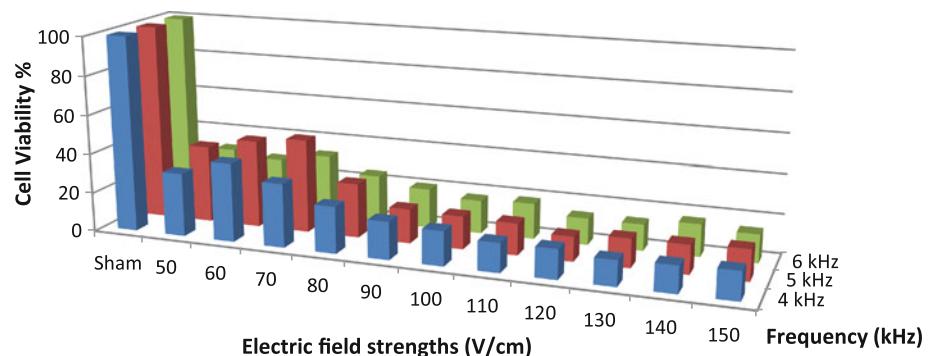
#### *Leukemia Cells*

Comparisons were also performed between the ECT group and the group of electric pulse alone and bleomycin uptake. Figure 4 shows the viability of the K562 cells treated with BLM at 24 h after the electric pulse exposure as a function of pulse repetition frequency and pulse amplitude. The cytotoxic effect in the group with the LVHF ECT in the presence of the BLM was significantly higher than that in the group with BLM alone. This effect significantly increased on LVHF ECT with 70 V/cm at all frequencies (Fig. 3).

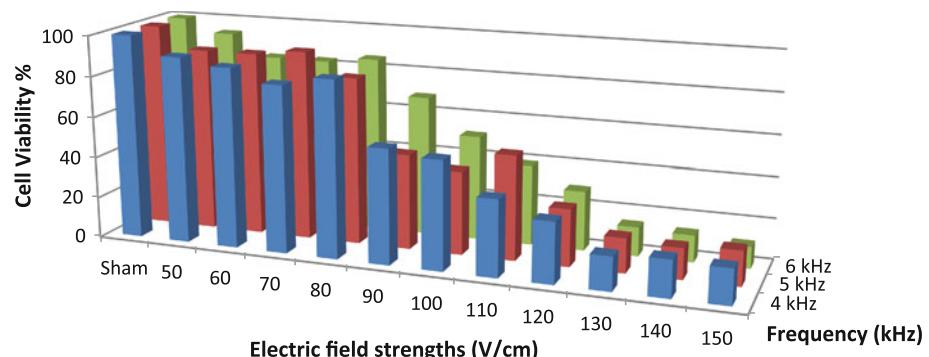
#### *Pancreatic Cancer Cell*

These experiments were repeated in the presence of bleomycin and applying electrical pulses for pancreatic cancer cells. Bleomycin generates some decrease in cell viability (Fig. 4). In contrast to the K562 cell line, viability reduction, in comparison to EP, significantly increased below 110 V/cm (Figs. 3, 4).

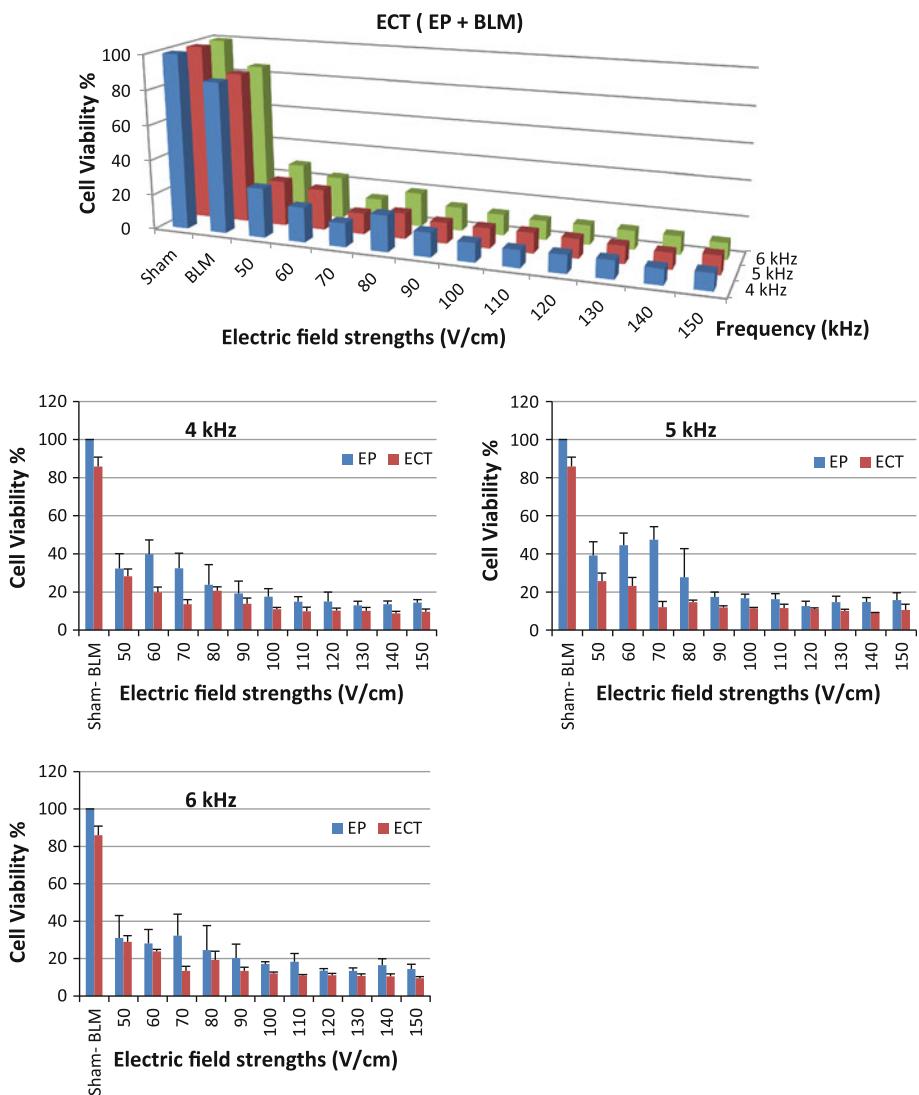
**Fig. 1** Viability of the K562 cells at 24 h after the LVHF EP



**Fig. 2** Viability of the MIA-PACA2 cells at 72 h after the LVHF EP



**Fig. 3** Viability of the K562 cells at 24 h after the LVHF ECT. Results are presented as mean  $\pm$  SD



In continuation of the procedure, we subtracted the cells' viability after EP, from ECT, to find the best treatment protocols between the treatment groups (This number will represent the cell permeability). Based on this method, each group which had the highest value was selected as the best group (Table 1). Our data, which are presented in Table 1, demonstrate that LVHF ECT using 70 V/cm amplitude and 5 kHz pulse repetition frequency is the best protocol.

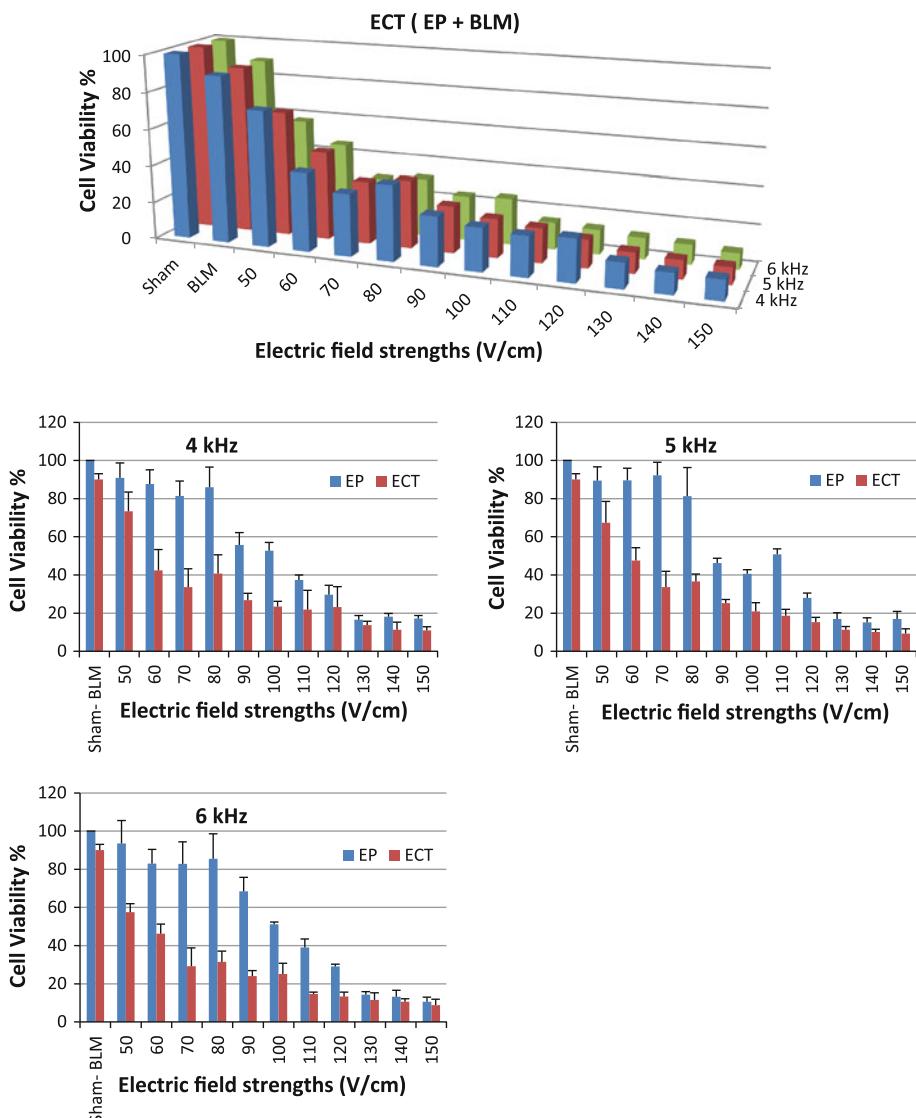
## Discussion

The present study has demonstrated sufficient cell permeability with LVHF ECT. Our results show that LVHF ECT can efficiently enhance cells' permeability (Figs. 1, 2, 3, 4). Among the treatment groups, the system gives the optimal permeabilization when cells are exposed to a train of 4,000

square pulses with 70 V/cm amplitude and at all three frequencies (4, 5, and 6 kHz).

ECT with standard protocols is already used for cancer treatment in clinics (Sersa et al. 2012; Mir et al. 2006). Despite the benefits of this approach, some side effects were reported. The most unpleasant and painful side effects of ECT are the muscle contractions and related sensations during pulse delivery (Sersa et al. 2008; Mir et al. 2006; Miklavčič et al. 2005; Pucihar et al. 2002). It would be possible to reduce these painful sensations using pulse frequencies higher than tetanic contractions or lower electric field strengths (Miklavčič et al. 2005; Zupanic et al. 2007; Ikehara et al. 2005). In vitro and in vivo experiments have demonstrated that chemical uptake at the highest frequencies is achievable (Sersa et al. 2010; Miklavčič et al. 2005; Pucihar et al. 2002; Shankayi and Firroozabadi 2012). Also, with the increase of the number or duration of pulses, an additional increase in uptake can be

**Fig. 4** Viability of the MIA-PACA2 cells at 72 h after the LVHF ECT. Results are presented as mean  $\pm$  SD



**Table 1** Subtraction of viability (%) of cells treated with EP compared to ECT (EP-ECT) %

Frequency/cell line	Electric amplitude (V/cm)											
	50	60	70	80	90	100	110	120	130	140	150	
4 kHz	K562	4.17	20.04	18.87	3.17	5.42	6.66	5.08	4.85	2.78	4.83	4.74
	MIA-PACA2	17.56	<b>45.31</b>	<b>47.81</b>	<b>45.33</b>	28.84	29.36	15.50	6.49	2.82	6.79	6.30
5 kHz	K562	13.39	21.33	<b>35.41</b>	13.02	5.60	5.29	4.58	1.54	4.59	5.72	5.21
	MIA-PACA2	22.13	41.92	<b>58.67</b>	<b>44.69</b>	20.99	19.75	32.13	12.67	5.60	5.15	7.72
6 kHz	K562	2.08	4.22	18.90	5.25	6.82	5.06	7.32	2.52	2.68	6.09	4.91
	MIA-PACA2	36.07	36.83	<b>53.67</b>	<b>54.08</b>	44.38	25.99	24.47	15.72	2.69	2.64	1.77o

The bold numbers show the best response to ECT

obtained (Pucihar et al. 2002; LEBAR et al. 2002b). Several articles have reported that a low voltage electric field could inhibit tumor growth (Entin et al. 2003; Horiuchi et al. 2000). Recently, by changing frequency, pulse amplitude, and the number of pulses, sufficient results in

LVHF ECT were obtained (Mansourian et al. 2013; Shankayi and Firoozabadi 2011; Shankayi et al. 2010, 2012). In a hybrid approach, we combined electric pulses using 5 kHz repetition frequency and low voltage amplitude (70, 100, and 150 V/cm) with 500, 2000, 4000, and

5,000 number of pulses. In the conditions that we examined, the best protocol was that utilizing 70 V/cm amplitude, 4,000 pulses of 100  $\mu$ s duration, and 5 kHz pulse repetition frequency (Shankayi and Firoozabadi 2011; Shankayi et al. 2010). Furthermore, we showed that despite standard ECT, frequency is an important parameter in LVHF ECT. This study showed significant differences in tumor volumes between mice treated with 70 V/cm with 5 kHz repetition frequency and 1 Hz repetition frequency; but, the inhibited tumor growth in high amplitude with 1 Hz and 5 kHz was comparable (Shankayi et al. 2012).

In ECT, the electric pulses are used to induce transient permeabilization in the cells plasma and to deliver nonpermeant drugs inside the cells (Chen et al. 2006; Kotnik et al. 2001; LEVAR et al. 2002b). Therefore, to reach this optimization level, we investigated the effect of LVHF ECT on cell viability and the uptake of bleomycin into electroporabilized cells. Bleomycin is a nonpermeant chemotherapy drug with a high cytotoxicity. Indeed, if molecules of bleomycin can enter the cell, less than 500 molecules are needed to kill it (Mir 2006; Silve et al. 2011; Silve and Mir 2011). Therefore, the detection of cell death indicates that at least 500 molecules have been able to cross the plasma membrane and allows us to quantitatively determine plasma membrane permeabilization (Silve et al. 2011; Silve and Mir 2011). This study, in continuation of a prior study (Mansourian et al. 2013; Shankayi et al. 2013; Silve et al. 2011; Tofani et al. 2003), confirms the possibility that bleomycin is a very sensitive cell marker of plasma membrane permeabilization, and in spite of other markers such as YoPRO, Lucifer yellow, or Propidium iodide which do not allow for quantitative data achievement, BLM has this advantage. The other disadvantage of fluorescence permeabilization markers is that fluorescence intensity will change because of the marker's interaction with the cell inside components, like DNA (Silve et al. 2011).

Type of cells and electrical parameters like the pulse amplitude, pulse duration, number of pulses, and pulse repetition frequency are the major factors that affect electrochemotherapy (Lebar et al. 2002a; Rols and Teissié 1998; LEVAR et al. 2002b; Kotnik et al. 2001; Chen et al. 2010). The optimum conditions for membrane electroporabilization are obtained by the interaction between pulse duration and pulse amplitude. So, the same permeabilization efficiency can occur either at low number and duration of pulses but high amplitude or at a low amplitude and high number and duration of pulses (Lebar et al. 2002a). The last electric field conditions preserved the viability. Rols and Teissié (1998) reported that increasing the number of pulses (N) enhanced the rate of permeabilization. Also, the same permeabilization efficiency was obtained at a low value for E and high values for N and T. Lebar et al. (2002a) experimented on lipid bilayer membranes and demonstrated interpulse intervals shorter than 250 ms; the second pulse resulted in an immediate jump in membrane

conductance, while for longer interpulse intervals, the conductance behavior was similar to that of the first pulse. Furthermore, Pucihar et al. (2011) determined the relations among the basic parameters of electroporation resulting in the same effectiveness of EP. They demonstrated that longer pulses or higher number of electric pulses are needed to lower amplitudes for the same electroporated results (Mikirova et al. 2001). In accordance with these studies, we showed that LVHF ECT could permeabilize cancer cells. In standard protocols (1 Hz repetition frequency, 100  $\mu$ s duration, and 8 pulses), the threshold amplitude for electroporability is about 300–400 V/cm (Teissié et al. 2008; Cemazer et al. 1998). But, our data, using LVHF protocols (4–6 kHz repetition frequency, 100  $\mu$ s duration, and 4,000 pulses) demonstrated that electroporability occurred at a lower electroporation threshold (Figs. 3, 4).

The type of cells is other factor that affects electroporation. Cells size, shape, membrane structure, and composition, and transmembrane potential are important for in vitro experiments (Gehl 2003; Kotnik et al. 2012). Therefore, we chose two cell lines: one sensitive to treatment (K562) and another resistant to treatment (MIA-PACA2); our results, in accordance with that of other research, showed the importance of this. Interestingly, between the two cell lines, there is an increase in penetration of bleomycin in the resistant cell line. Two hypotheses can be considered for the fact. Although the electric pulses have an effect on both cell types, these membrane effects are lethal for sensitive cell, whereas resistant cells have the ability to repair these damages during two mitoses. In the presence of plasma membrane damage, BLM enters the cytoplasm, stabilizes the damage, and induces DSBs in the both cell lines. Moreover, with a small number of these fragmentations, the cell cannot divide; at the next mitosis, the daughter cells will be completely impaired, resulting in cell death (Silve and Mir 2011). Another hypothesis is that receptor-mediated endocytosis can play a role in addition to membrane damage, and it explains the increasing cell death in the MIA-PACA2 cell line. In previous studies, low amplitude electric field exposure was reported to enhance the uptake of cells. The reason for the uptake increase was suggested to be the stimulating endocytotic-like process named electroendocytosis (Antov et al. 2004; Antov et al. 2005; Shankayi et al. 2013; Towhidi et al. 2012). Therefore, based on these results, we suggest that maybe the electroendocytosis can facilitate the passage of external substances right through the membrane.

## Conclusions

In conclusion, our experiments show the reversible effect of electroporabilization on the cells caused by LVHF ECT in optimum parameters. We used bleomycin as a

marker to analyze permeabilization of the cells. The quantitative characteristic of this method lets us perform a comparison between the electric amplitude and repetition frequency of pulses and the type of cells.

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